

Resources for Holy Lifestyle

**Protection of the Christian (6:10-24)**

In the previous section (4:1-6:9) Paul gave five commands that address lifestyle practices in relation to people. He now gives a sixth command that addresses how the believer relates to cosmic forces.

“We do not just walk, but we also \_\_\_\_\_” ~ Thomas Constable

“Sooner or later every believer discovers that the Christian life is a battleground, not a playground, and that he faces an enemy who is much stronger than he is - apart from the Lord.” ~ Warren Wiersbe

1. **Eph 6:10-6:20** Stand in \_\_\_\_\_

(NAS) 10 Finally, be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil.

12 For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places.

13 Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm.

14 Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness.

15 As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace.

16 With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one.

17 Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

18 ¶ Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. 19 Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, 20 for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

a. **Call to Action:**

b. **How:**

✧ v.10b

✧ v.18

c. **Reason for putting on the armour of God:**

d. Do you recognize the ‘wiles of the devil’ (v.10b)?

e. Pieces of the armour

✧ Belt –

✧ Breastplate –

✧ Shoes –

✧ Shield –

✧ Helmet –

✧ Sword –

A plate of armor made of metal strips tied together with leather straps protected the upper body. Although this metal jacket was heavy, the metal strips allowed the soldier some free movement. Soldiers had to help each other put on and lace up their armor.



*Application Discussion:*

1. An increasingly popular trend in Singapore in recent years is the idea of having Halloween parties. What is your attitude towards Halloween and such parties? If you and/or your children were invited, would you attend? Would you let your children participate?
  
2. In the book of Ephesians, Paul asserts claims concerning the position (calling) of believers and calls for lifestyles to be lived in alignment to that calling. He also declares the availability of power and strength for the Christian community and their ability to resist the forces of evil.
  - Would you say a victorious Christian life is true of most Christians you know? Why or why not?
  - How much of it is God's responsibility and how much of it is our responsibility?